

VBS FOOD ALLERGY LIST

MONDAY

Pirates Booty: Cornmeal, Rice Flour, Canola Oil, Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes), Whey (Milk), Contains 2% or Less of: Buttermilk, Salt, Natural Flavor, Lactic Acid, Citric Acid, Black Pepper

Contains: Milk

TUESDAY

Cheez-Its: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Vitamin B1 [thiamin mononitrate], Vitamin B2 [riboflavin], Folic Acid), vegetable oil (high oleic soybean, soybean, palm and/or canola oil with TBHQ for freshness), Cheese Made with Skim Milk (skim milk, whey protein, salt, cheese cultures, enzymes, annatto extract color). Contains 2% or less of: salt, paprika, yeast, paprika extract color, soy lecithin.

Contains Wheat, Milk, and Soy Ingredients

WEDNESDAY

Oreos: Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Sugar, Palm Oil, Soybean, And/Or Canola Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda And/Or Calcium Phosphate), Salt, Soy Lecithin, Chocolate, Artificial Flavor

Contains: Wheat, Soy

THURSDAY

Welch's Fruit Snacks: Fruit Puree (Grape, Peach, Orange, Strawberry and Raspberry), Corn Syrup, Sugar, Modified Corn Starch, Modified Tapioca Starch, Gelatin, Concord Grape Juice from Concentrate, Pectin, Citric Acid (Acidulant), Lactic Acid, Natural and Artificial Flavors, Ascorbic Acid (Vitamin C), Alpha Tocopherol Acetate (Vitamin E), Vitamin A Palmitate, Sodium Citrate, Coconut Oil, Carnauba Wax, Annatto (Color), Turmeric (Color), Red 40, and Blue 1.

FRIDAY

Snyder's Mini Pretzels: Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Malt (Tapioca Syrup, Malt Extract), Cane Sugar, Canola Oil*, Yeast, Soda. *Adds a trivial amount of fat. **Contains Wheat Ingredients**